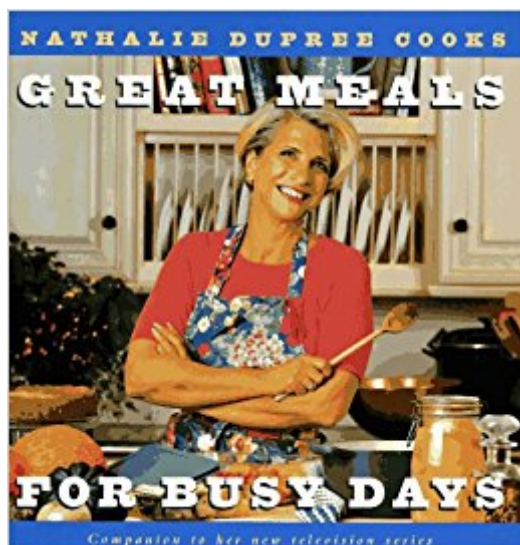


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Nathalie Dupree Cooks Great Meals For Busy Days



Synopsis

More than 90 million television viewers have come to count on Nathalie Dupree's popular PBS series for down-home recipes that make sense in today's world. With this book, Nathalie proves once again that anyone can make delicious home-cooked meals, even if they can't spend long, uninterrupted hours in the kitchen. Line drawings.

Book Information

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Customer Reviews

TV cooking star Dupree's book offers even the casual cook hope that tasty meals can be made without too much trouble. But this is not a five-ingredients-or-less primer that relies on tuna fish or other canned staples. A well-stocked pantry is required to whip up most of the meals. "Very Wild Rice Salad" calls for wild rice, dried figs, pecans and cashews--and uses real wild rice, which requires an hour or more to cook. Preparation times for recipes are not included, though a clock symbol indicates those which may be partially prepared ahead. Dieters will adore Dupree's guacamole, made with shredded zucchini, while children will devour the amply sugared desserts, such as the Heath Bar cheesecake. Though sophistication is an avowed interest of the book, fresh pork roast with dried fruit, duck with orange and mint, and braised lamb with carrots are all examples of make-ahead dishes for entertaining that are not particularly inspired. More eclectic and intriguing are the two dozen recipes for vegetables and side dishes. Two-career couples who enjoy cooking for company will find ideas for plush menus that may be made in advance, but families with children to feed may find many of the dishes rather expensive and time-consuming. Copyright 1994

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Dupree (Nathalie Dupree's Matter of Taste, LJ 2/15/90), the host of several popular PBS series, has collected her favorite recipes for busy cooks. Most can be prepared at least partially in advance, many can be frozen and reheated, and a few require much last-minute attention. Some are more homespun Southern-style dishes, others are more exotic; just about all could be served either to company or just family. Dupree's fans will ensure demand. Copyright 1994 Reed Business Information, Inc.

This cookbook is designed to "help time-pressed cooks fit gracious entertaining and delicious family meals into a crowded schedule." It is organized around the principle that preparing parts of the meal ahead of time gives the hostess time to set the table, enjoy the company, take a bath, or run errands at the last minute. There are more than 175 recipes in this little book, all of which can be preassembled and left to cook or complete at a later time. Many can be frozen and reheated when convenient. There are eight chapters covering appetizers, soups, salads, meats & main dishes to breads, enhancements and desserts. All of the dishes I have cooked, have been wonderfully easy and delicious, a must for the cook who loves to entertain with a minimum of stress.

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